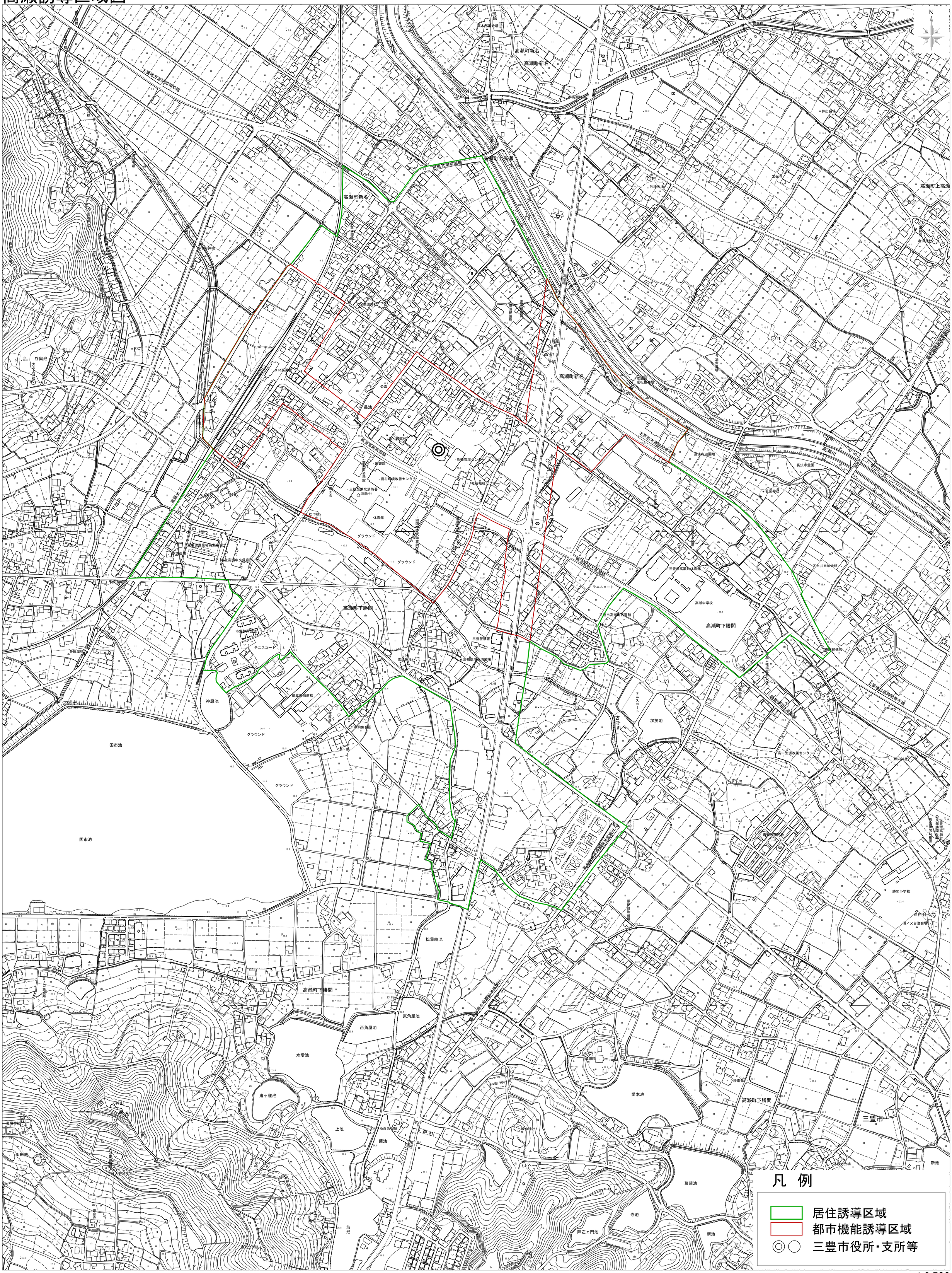高瀬誘導区域図