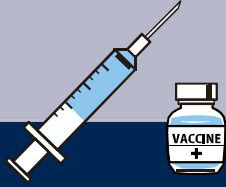


# Getting Vaccinated for COVID-19

Vaccination  
is free  
(publicly  
funded)



## How to get vaccinated

### 1 Fill in the vaccination survey (This can also be done online)

Tick the relevant boxes in the survey attached to this notice.

[Survey questions]

1. Do you want to get vaccinated?
2. Do you have any underlying conditions?
3. Where would you like to get vaccinated?

\*Please disregard the survey if you have already been vaccinated.

\*The city will decide the date, time, and place of your vaccination.

\* If you have any underlying conditions, write the number of your regular medical institution (see the Annex).

You may not be able to get vaccinated at your regular medical institution.

\*Before filling in the survey, **please check that the vaccination coupon number shown in the bottom left corner on the reverse side of the survey sheet is identical to your own number.**

Your vaccination coupon number is the 10-digit number printed on the vaccination coupon attached to this notice.

**This can also be done online. Please make sure to enter your own vaccination coupon number. You may not get vaccinated as scheduled if the number is wrong. You do not need to return the survey sheet if you have completed it online.**

QR code

### 2 Send the vaccination survey (This can also be done online)

Fill in the survey and send it by mail.

### 3 Receive a reservation notice, and then get vaccinated

Once your reservation date, time, and place are decided, we will send you a reservation notice.

Go to the designated place at the designated date and time to get vaccinated.

What  
you need  
to bring  
with you

- Vaccination coupon (attached to this notice)
- Proof of identity  
(driver's license, health insurance card, etc.)
- Medical questionnaire (fill in one of the two questionnaire sheets attached to this notice)
- Medicine record book (if available)



Please wear a mask, and come in a **short-sleeve top** to make it easier to show your shoulder.

\*On the day of your vaccination, take your temperature at home and do not come if you have a fever or feel unwell. In such cases, contact the **call center or the medical institution where you are going to get vaccinated.**

\*After the vaccination, you will be asked to wait about 20 minutes to monitor your condition.

\*To ensure vaccine effectiveness, you need to get a second shot a few weeks after the first shot (both vaccines must be of the same type). After getting your first shot, check your reservation for the second shot and make sure to get it.

\*The vaccination coupon set attached to this notice includes vaccination coupons and vaccination certificates for two shots all on one sheet. Do not remove the individual coupons and certificates from the sheet, bring the whole sheet with you.

Inquiries: Mitoyo City COVID-19 Vaccination Call Center ☎ 0875-63-3104

## ◎ Mass vaccination centers

### Mitoyo City Hall West Building

2373-1, Shimokatsuma, Takase-cho, Mitoyo-shi



### Mino-cho Health Center

Otsu 2030-1, Yoshizu, Mino-cho, Mitoyo-shi



### Yamamoto-cho Rural Environment Improvement Center

375, Saitanishi, Yamamoto-cho, Mitoyo-shi



## ◎ Definition of people with an underlying condition

People with an underlying condition are scheduled to start getting vaccinated after senior citizens. A person with an underlying condition is one who meets either one of the following criteria (as of March 18, 2021):

### 1. A person with one of the diseases or conditions listed below and who is receiving outpatient or inpatient care

1. Chronic respiratory disease
2. Chronic heart disease (including hypertension)
3. Chronic kidney disease
4. Chronic liver disease (e.g., hepatic cirrhosis)
5. Diabetes being treated with insulin or oral medication, or diabetes complicated by another disease
6. Blood disease (with the exception of hypoferric anemia)
7. A disease that causes immune function decline (including malignant tumors that are being treated)
8. Is receiving treatment that causes immune function decline, such as steroid treatment
9. A neurologic disease or neuromuscular disease that is caused by immune disorder
10. A state in which bodily functions have declined due to a neurologic disease or neuromuscular disease (e.g., respiration disorder)
11. Chromosome aberration
12. Severe mental and physical impairment (a state in which severe physical impairment and severe intellectual impairment are combined)
13. Sleep apnea syndrome
14. Severe mental disease (is receiving treatment in hospital for a mental disease, has a mental disability certificate, or is falling under the category of "severe and continuous" in self-supporting medical care (psychiatric hospital care)) or an intellectual impairment (has a special education recordbook)

### 2. An obese person with a BMI of 30 or greater

\*BMI is calculated as follows:  $\text{body weight (kg)} \div \text{height (m)} \div \text{height (m)}$

\*A BMI of 30 roughly corresponds to a person 170 cm high weighing 87 kg, or 160 cm high weighing 77 kg

## ◎ Side-effects and relief program

The relief program allows you to receive relief (payment of medical expenses, disability pension, etc.) pursuant to the Immunization Act in cases where the vaccination causes health problems that require you to receive treatment at a medical institution or causes a disability.

For more details on the effectiveness and safety of COVID-19 vaccines, visit the COVID-19 vaccine website of the Prime Minister's Office.

Prime Minister's Office Japan COVID Vaccine

Search



Contact your local government if you cannot access the website.

## ◎ Consent is required for getting vaccinated

If you are currently receiving treatment for any kind of disease or concerned about getting vaccinated due to your physical condition, consult your doctor or a medical professional to decide whether to get vaccinated.

## ◎ Getting vaccinated in a municipality where you are not a registered citizen

If you want to get vaccinated at the medical institution or facility in which you are currently staying

➔ Contact the medical institution or facility

If you want to get vaccinated at the medical institution in which you are currently receiving treatment for an underlying condition

➔ Contact the medical institution

If you are still a registered citizen of Mitoyo City but want to get vaccinated in another municipality you actually live in

➔ Contact the municipality you live in. You may be able to get vaccinated in your municipality of residence.

You can get information from the COVID-19 Vaccine Navi too.

### Inquiries

Vaccine reservations ➔ Mitoyo City Call Center: (TEL) 0875-63-3104

Other vaccine-related inquiries (8:30 to 17:30 \*Closed on Sundays and public holidays)

For the hearing impaired: (FAX) 0875-63-8333

Side effects ➔ Kagawa Prefecture Call Center: (TEL) 0570-009-550

(9:00 to 17:30 \*Open throughout the week)